Name (English): _______________________________ Date: __________________

Student ID: _______________ Email: _____________________ Tel: _______

Department: _______________________________ □ UG □ PG Year: ______

Section I
I would like some advice and help to improve one of the following areas:

☐ Study Skills
  ☐ Critical Thinking ☐ Problem Solving ☐ Goal Setting ☐ Others
  Details: _______________________________________________________

☐ Language Enhancement
  ☐ Listening ☐ Reading ☐ Writing ☐ Speaking
  ☐ Grammar ☐ Vocabulary ☐ Pronunciation ☐ Others
  Details: _______________________________________________________

☐ Test Preparation
  ☐ IELTS ☐ TOEFL ☐ GRE ☐ CRE / JRE ☐ Others
  Details: _______________________________________________________

☐ Job Search & Further Study
  ☐ CV / Résumé ☐ Cover Letter ☐ Interviews
  ☐ Personal Statement ☐ Others
  Details: _______________________________________________________
Section II
My learning goals for this Guided Study Plan are:

1. ____________________________________________________________________  
   ____________________________________________________________________

2. ____________________________________________________________________  
   ____________________________________________________________________

I plan to use the following resources to help me achieve my learning goals:

☐ Workshops ____________________________________________________________

☐ Books ______________________________________________________________

☐ Websites ____________________________________________________________

☐ Software _____________________________________________________________

☐ Multimedia __________________________________________________________

☐ Others ______________________________________________________________

I plan to study __________ hours / week at least to achieve my learning goals.

For more information, please contact 3943 8733 or email ilc-counsel@cuhk.edu.hk.